

# Your Body

## BEAUTIFUL SMILE

by Nick Adams



Where can you go on the Upper East Side to find confidence, assurance--even a life partner? Hint: it's not a bar, restaurant, museum, or park. As unlikely as it sounds, it may be a dentist's office. Enter Dr. Ramin Tabib and Dr. Elisa Mello of NYC Smile Design, a husband and wife team that Newsweek hails as "two of Manhattan's most respected and accomplished cosmetic dentists."

Dr. Tabib is an expert in porcelain veneers, full mouth reconstructive dentistry and smile makeovers. He is a Clinical Assistant Professor in the Advanced Program in Esthetic Dentistry at NYU College of Dentistry. Dr. Mello's expertise lies in cosmetic makeovers, Invisalign orthodontics, porcelain veneers and periodontal surgery. She is a Clinical Assistant Professor at NYU College of Dentistry in the International Advanced General Dentistry Program. Their different and complimentary strengths allows for a fusion between the technical and aesthetic elements required for the art of creating and maintaining a beautiful smile.

And that beautiful smile can make a huge difference in everyday life. "We see patients who are unhappy with their smiles," Dr. Mello said. "When they leave, they have the confidence to be themselves." I met Dr. Mello in NYC Smile Design's office on East 84th. She is gracious, kind, and funny. We flipped through her portfolio of "before" and "after" shots. Dr. Mello showed me a man who had huge gaps between chipped, darkened teeth. In the after shot, the man's smile is stunning. Dr. Mello went on, "My office manager has noticed the remarkable personality changes after a smile makeover." How does this relate to finding a life partner, you might ask? Well, Dr. Mello shows me two of her patients who met after their respective treatment. and soon

after were married. Certainly Doctors Tabib and Mello cannot promise this type of result every time, but the transformations I saw in those pictures were dramatic. This transformation was not limited to their smiles--the expression in their eyes and overall face in their after shots were full of joy and confidence.

The office of NYC Smile Design is the final reassurance for the dental skeptic. Dr. Mello informs me that each patient is given the option of an iPod or DVD while in the dental chair with Bose

Quiet Comfort Headphones. Plus a chair equipped with heated massage. A car service picks up patients scheduled for a long treatment and returns them home. Patients enjoy the little touches they receive from the caring practice. She is quick to point out, though, that this practice is not a spa. NYC Smile Design, according to Dr. Mello, is for patients who "want it done right." A visit to their website [NYCsmiledesign.com](http://NYCsmiledesign.com) shows amazing before and after photos and is designed to be informative explaining the latest technology and expertise available.

Dr. Tabib and Dr. Mello have a four-year-old son named Oliver. Together they enjoy the beaches and restaurants in Sag Harbor on the weekends. In addition, NYC Smile Design donates care to Smiles For Success, a national organization that helps to restore the smiles of abused women.

Overall I had a pleasant experience with Dr. Mello, and afterwards I scheduled an appointment for later this week.