

# Peers Seek Her for Their Dentistry

Rebecca Pitts, DDS, DMD, DSc, FAACD

By Paul J. Watkins

*Rebecca Pitts, DDS, DMD, DSc, FAACD, a cosmetic and restorative dentist, attracts patients from around the world who desire the most advanced cosmetic and restorative procedures. They know she places an emphasis on providing both excellent cosmetic results and excellent functional results while compromising neither.*

For years, people looking for a dazzling smile have traveled from across the country and around the world to the Rebecca Pitts Centre for Cosmetic & Advanced Dentistry in Central Florida to receive the very best in cosmetic dentistry — dentistry of a quality

usually available only in Beverly Hills or New York City.

At the center, patients meet one of the profession's most highly credentialed and respected cosmetic dentists in practice today. Dr. Pitts has pursued a dental education far exceeding that of most dentists. After receiving her Doctor of Dental Surgery and Doctor of Dental Medicine degrees, Dr. Pitts embarked on an intensive five-year graduate program in advanced restorative dentistry at Boston University, where she earned the coveted Doctor of Science degree — PhD of dentistry. Very few dentists

**The American Academy of Cosmetic Dentistry (AACD) awarded Dr. Rebecca Pitts the prestigious Accredited Fellow Status Award.**





PHOTO BY SAMANTHA YEAKLE

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worldwide have achieved the honor. The advanced restorative program is a unique and rare program. It involves all fixed prosthodontics, implant, restorative and cosmetic dentistry, as well as biomaterials involved.

Dr. Pitts also joined an elite group of cosmetic dentists — only 40 globally — who have passed rigorous exams and clinical requirements to attain the esteemed Accredited Fellow status in the American Academy of Cosmetic Dentistry (AACD). Special recognition was given to Dr. Pitts by the AACD as the only dentist who has been able to accomplish these requirements in less than 18

months when historically they were achieved in four to 10 years. Moreover, the cases she submitted to the AACD have since been featured in AACD publications as examples for future candidates seeking the prestigious status. She was also invited to serve on the AACD's examination committee, where she judges cases submitted by other doctors aspiring to accreditation by the organization.

### **DISCUSSING THE DETAILS**

Dr. Pitts' forté is smile design, makeovers and reconstructions. Her artistic eye is honed to perfection. She helps patients achieve

the results they desire. "Most patients have a personal preference in mind when they arrive. For instance, our clients who are actors, models, TV personalities or very outgoing individuals generally request dramatic, bright Hollywood smiles. Professionals, more conservative patients and our European and Asian clients typically prefer more natural effects. We work in concert with each patient to deliver exactly what they want. For those who are not certain, we help guide the decision making. We show the patient work we have completed for other patients and ask that they also bring in pictures of smiles they admire so we can have a greater insight as to their desires and aspirations."

Dr. Pitts utilizes mock-ups, allowing patients to experience a temporary version of their cosmetic or restorative work before the final version is rendered.

"For example, we will make mock-ups of porcelain veneers for the patient. They will go home with these temporaries in place and return to see us in a week. At that time, we will discuss with them any modifications they may desire so we can make the final porcelain veneers accordingly," offers Dr. Pitts.

"Temporary restorations are also very helpful if the patient does not have a clear vision of their desired results, or if perhaps they do not know how to fully describe their ultimate smile. Once

**With extensive knowledge on dental ceramics, Dr. Pitts utilizes her artistic skills and state-of-the-art equipment to customize the shape and color of porcelain veneers for a patient.**





PHOTO BY CONNIE BERNHARDT

The team at the Rebecca Pitts Centre for Cosmetic & Advanced Dentistry

they have the mock-up on their teeth, they can say, 'I want the teeth more rounded or more squared or not so long.' We go to extreme lengths to deliver the smile the patient has always dreamed of having."

### **NO COMPROMISE**

"Making dentistry look good is important," states Dr. Pitts, "but making it function well and long lasting is even more important. I believe there should not be a compromise either way. Of course, it is more complicated and challenging to provide the patient with both an outstanding cosmetic result and an outstanding functional result, but it can be done and it *should* always be done."

### **VOTED BEST IN ORLANDO**

Most of Dr. Pitts' referrals come from elated patients as well as from general dentists and specialists. Her colleagues do not

hesitate to refer their patients to Dr. Pitts because they know the knowledge and skill she possesses and the care she and her staff provide are unequalled.

Dr. Pitts' quality work and exacting standards have made her the dentist other dentists choose when they decide to undergo cosmetic or restorative dentistry. She was voted one of the best dentists by her colleagues, as reported in the *Orlando* magazine.

### **LEADING-EDGE TECHNOLOGY**

"Our office has gone paperless many years ago when it was almost unheard of. We were also among the very first to implement the use of lasers, digital X-ray and photography. We keep up with the latest technology, procedures and materials to make sure we always provide our patients with the very best dentistry available."

Dr. Pitts continually participates in advanced studies in general, cosmetic, restorative and high-tech dentistry in her



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quest to stay at the forefront of her profession.

"Materials and techniques in cosmetic and restorative dentistry are evolving at a mind-boggling rate. Keeping abreast of their development is crucial in our field. As an example, there is a myriad of ceramic materials one can choose for porcelain veneers. We have to know which type is most suitable for each situation. If the patient is a stage performer, for instance, we have to make sure that the type of ceramic as

well as the adhesive we choose will illuminate appropriately in different light sources, meaning it will not excessively glow or, even worse, be invisible in particular lightings. Knowledge on different types of ceramics also allows one to manipulate the material properly. I often customize the shape or shade of ceramic restorations in our office. To do so, aside from artistry, one must use a suitable porcelain furnace, correct furnace settings, and proper materials and technique."